

# St Michael's Orthodox Church

*A parish of the Orthodox Church in America, Diocese of Eastern Pennsylvania*

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<https://stmichaeljermyn.org/>

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**March 31, 2024**

**2<sup>nd</sup> Sunday of Great Lent: St Gregory Palamas; Repose of St Innocent of Moscow**

## Services & Events

Saturday, March 30, 6:30 p.m. – Great Vespers, followed by Prayers for Confessions

Sunday, March 31, 9:30 a.m. – Divine Liturgy of St Basil the Great.

Wednesday April 3, there will be no Presanctified at St Michael's. Please join our friends at either St Basil's on Lorde Ave in Simpson at 9 am, or St Nicholas in Olyphant at 6 pm.

Friday, April 5, 6:30 p.m. – *Akathist* to the Most-holy Theotokos (part 3)

Saturday, April 6, 9:30 a.m. – Memorial Saturday (“Soul Saturday”) Divine Liturgy.

Saturday, April 6, 6:30 p.m. – Great Vespers, followed by Prayers for Confessions

Sunday, April 7, 9:30 a.m. – Divine Liturgy of St Basil the Great. ***Sunday of the Cross.*** Monthly Parish Council.

Sunday, April 7, 4:00 p.m. – Mission Vespers at Holy Trinity, Stroudsburg (Fr John preaching).

Wednesday, April 10, 6:30 p.m. – Liturgy of the Presanctified Gifts

Friday, April 12, 6:30 p.m. – *Akathist* to the Most-holy Theotokos (part 4)

Saturday, April 13, 11:00 a.m. – Baptism of Lennox Kraky. *The entire parish is welcome at the service.*

*Coffee Hour is offered by:*

March 31: Ruthie Lasichak & Roxanne Neutts

April 7: Vickie Kravitsky & Charette Radionoff

April 14: Susan Schlasta & Millie Telep

\*April 21: Millie Telep & Mat. Alexandra

\*April 28: (*Palm Sunday*) Mat. Dolores & Marilyn Petorak

*\*may need to swap these days*

## Hymns of the Day (*commemorating St Gregory*)

*Sunday Troparion (Tone 2)*

When Thou didst descend to death, O Life immortal, / Thou didst slay hell with the splendor of Thy Godhead. / And when from the depths Thou didst raise the dead, / all the powers of heaven cried out: // “O Giver of life, Christ our God, glory to Thee!”

*St Gregory Palamas (Tone 8)*

O light of Orthodoxy, teacher of the Church, its confirmation, / O ideal of monks and invincible champion of theologians, / O wonderworking Gregory, glory of Thessalonica and preacher of grace, // always intercede before the Lord that our souls may be saved!

*Sunday Kontakion (Tone 2)*

Hell became afraid, O almighty Savior, / seeing the miracle of Thy Resurrection from the tomb! / The dead arose! Creation, with Adam, beheld this and rejoiced with Thee, // and the world, my Savior, praises Thee forever.

*Glory ...*

*St Gregory Palamas (Tone 8)*

Holy and divine instrument of wisdom, / joyful trumpet of theology, / together we sing your praises, O God-inspired Gregory. / Since you now stand before the Original Mind, guide our minds to Him, O Father, // so that we may sing to you: “Rejoice, preacher of grace!”

*Now & ever ...*

*For Great Lent (Tone 4)*

Now is the time for action! / Judgment is at the doors! / So let us rise and fast, / offering alms with tears of compunction and crying: / “Our sins are more in number than the sands of the sea; / but forgive us, O Master of all, // so that we may receive the incorruptible crowns!”

## Today's Scripture

*Epistle: Hebrews 11:24-26, 32-12:2*

*Brethren:* To the Son, God says, "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail."

But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him?

*and then: Hebrews 7:26-8:2 (for the Saint)*

*Brethren:* Such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; who does not need daily, as those high priests, to offer up sacrifices, first for his own sins and then for the people's, for this He did once for all when He offered up Himself. For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever.

Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens, a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

*Gospel: Mark 2:1-12 (for the 2<sup>nd</sup> Sunday in Lent)*

*At that time,* when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay.

And when Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts. Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins" —he said to the paralytic— "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

*and then: John 10:9-16 (for the Saint)*

*The Lord said,* "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd."

*In your prayers...* (please see last week's bulletin for mailing addresses)

*The Newly-Departed:* Archpriest Herman Schick (March 16). Archpriest Anthony Karbo (March 19).

Please especially pray for: Abp Nathaniel, OCA Romanian Episcopate, recovering from heart surgery. The Troutman family (Doreen & Harry, along with John Meholic) who lost their home to fire. Fr Gregory White, of Holy Resurrection in Wilkes-Barre, recovering from a heart attack. Dn. Gregory LoBalbo, of St Nicholas in Bethlehem. William Hummer, Mat. Alexandra's father, suffering from a head injury and worsening dementia.

*Those who are ill or recovering from illness or injury:* Fr Michael Evans, Fr Joseph Chupek, Fr Peter Telencio, Pdn. Gabriel Petorak, Edward & Karen Hojnicky, Gregory Hansen, Olga Krutz, Maryanne Krisa, Michael Krisa, Barbara Mosley, Mary Ann Serafini, Alexis Meholic, James Detoro.

Those who are alone or confined: Eileen Dance, John Drutarosky, Theresa Krenitsky, Nicholas Mattise, Barbara Palubniak, Peggy Petrillak, Peter Senio, Jerry & Marilyn Soroka, Paul Kostiak, Dolores Brophy, Paul & Barbara Mosley, Adam & Mary Ann Serafini.